

W E L C O M E T O

Solo Enjoy life, SOLO

Salads

SOLO HOUSE SALAD

Heirloom Tomato Varieties. Danish Feta.
Garden Leaves. Marinated Olives. Avocado.
Cucumber. Salted Pumpkin Seed Crunch.
Smoked Oregano Vinaigrette.

95

Add Prawn Tails

165

PROSCIUTTO & STILTON SALAD (N)

Prosciutto. English Stilton. Barley.
Summer Peach. Baby Spinach. Fine Beans.
Pecan Nut Granola. Dijon Mustard Dressing.

130

TUNA "POKE" SALAD

Seared Tuna. Avo. Charred Corn. Scallions.
Pickled Fennel. Pak Choi. Sesame.
Chili & Lime Dressing.

120

Tapas

GRILLED ASPARAGUS (V)

Poached Hen's Egg. Whipped KZN Goat's Cheese. Tomato Ceviche.
Smoked Paprika Butter.
85

ARANCINI (V)

Preserved Lemon. Crushed Peas. Wild Garlic Mayo. Pecorino Romano Emulsion.
80

FISHCAKES

Poached Salmon. Lemon Mayo. Jalapeno. Grapefruit & Fennel.
95

SALDANHA BAY MUSSELS

Hot Pot. Bo-Kaap Spice Mix. Coconut. Dombolo.
110

OYSTER TRILOGY

Naked. Tomato Granita. Gin & Tonic Fluid Gel.
95

PRAWN KATAIFI

Three Dips: Aioli. Ponzu Mayo. Hot African Pepper Sauce.
130

THE SOLO-FIED CHICKEN (N)

Marinated Thighs. Our Peri Peri Dip. Corn Salad. Peanuts. Spring Onion Emulsion.
100

PULLED PORK

Crispy Phyllo. Shimeji. Heirloom Tomatoes. Butternut Cream.
110

PORK TACO

Roasted Belly. Chipotle Sauce. Guacamole. Fermented Tomato Salsa.
95

BUNNY CHOW 2021

Slow Roasted Lamb Neck Curry. Mango Atchar. Mojito Yoghurt. Dombolo.
95

PRESSED SHORTRIB

Pickled Mushrooms. Edamame. Young Peas. Umami Dressing.
110

BRAAI'ED SIRLOIN SOSATIES

Grassfed Beef. Oregano. Lemon. Black Pepper. Coleslaw Salad. Sekelbos Mayo.
125

Pasta

SMOKED CHICKEN PENNE (N)

Smoked Chicken. Basil Pesto Cream.
Roasted Tomatoes. Grana Padano.

190

PRAWN TAIL LINGUINE

Caramelized Fennel. Star Anise Wine.
Parmigiano-Reggiano.

170

Add Chorizo

40

RAVIOLI

Beef Mine Ragù. Bacon & Pea "Soup".
Pickled Cabbage. Fried Onion. Parmesan.

190

PARMIGIANO-REGGIANO RISOTTO

Truffle. Chives. Onion Confit.
18 Month Matured Parmesan Cheese.

170

Speciality dishes

SOLO WAGYU BURGER

Organic Wagyu. Bacon. Avocado. Smoked Cheese.
Sweet Onions. Rustic Fries. Biltong Mayo.

170

SALMON & QUEEN PRAWNS

Morogo Risotto. Raw Garlic Dressing.
Lemon & Mustard Remoulade.

360

SUSTAINABLE LINEFISH (N)

Hot Roasted. Cauliflower. Quinoa. Citrus Crème Fraiche.
Asparagus. Peas. Garden Pesto.

260

FREE RANGE CHICKEN

Pommes Puree. Pumpkin. Shittake Mushrooms.
Crispy Skin. Red Wine Gravy.

220

DUCK BREAST (N)

Sweet Potato. Red Cabbage Choucroute.
Broccoli. Almond Tarator. Raspberry jus.

260

PORK BELLY

Crackling. Tempura of Maize. Spiced Carrots.
Salted Caramel Shallots. Aniseed jus.

240

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Speciality dishes

AUTHENTIC SOUTH AFRICAN GRILLS PAIRED WITH WINE

GRASSFED RIB-EYE

500g Steak. The Perfect Roast Potatoes.
Grilled Corn Salad. Wild Mushroom Cream.

320

Also Available in 200g

260

Suggested Wine: Steenberg Merlot

FREE RANGE BEEF FILLET

300g Fillet. Creamy Parmesan Mash.
Cannellini Bean Chakalaka. Morogo. Bone Marrow jus.

280

Also Available in 200g

235

Suggested Wine: Steenberg Stately Cabernet
Sauvignon Shiraz

LAMB CUTLETS (N)

Pearl Barley. Aubergine. Butter Beans. Olives.
Smoked Crème Fraiche. Dukkah. Harissa Sauce.

280

Suggested Wine: Steenberg Syrah

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Signature sushi

VOLCANO ROLLS (8 PIECE)

Tuna California Roll. Avocado Spring Onion topped with Salmon Spicy Mayo. Teriyaki Sauce. Bread Crumbs.
130

PRETTY IN PINK (3 PIECE)

Salmon Roses. Prawns. Caviar.
110

SOLO SIGNATURE ROLLS (8 PIECE)

Smoked Salmon & Avocado Roll. Cream Cheese. Salmon. Japanese Mayo.
125

DRAGON ROLL (4 PIECE)

Salmon Rainbow Roll. Tempura Prawn. Avocado. Spicy Mayo. Sriracha.
110

BAMBOO ROLLS (6 PIECE)

Cucumber Rolls. Tempura Prawns. Sweet Chilli Sauce.
120

PRAWN AVALANCHE (4 PIECE)

Prawn California Rolls. Deep Fried Shrimp. Avalanche Sauce Jus.
115

WICKED TUNA CRUNCH (8 PIECE)

Deep Fried California Roll. Tuna. Avocado. Cream Cheese. Sweet Chilli Mayo.
135

SAMURAI ROLL (8 PIECE)

Salmon & Avocado Roll. Avocado. Mayo. Caviar.
130

SMOKED SALMON ROULADE

Smoked Salmon. Cream Cheese. Caviar. Sriracha Sauce. Potato Half.
130

PLANET HOLLYWOOD ROLL (8 PIECE)

Shrimp Tempura. Avo. Cucumber topped with Spicy Soft Shell Prawns. Deep Fried Onion. Garlic Ponzu. Spicy Mayo. Teriyaki Sauce.
135

FIRE CRACKER (8 PIECE)

Tempura Fried Prawns. Cream Cheese. Avo. Sweet Chilli Mayo. Spring Onion. Ponzu Sauce.
160

SPIDER ROLL (6PIECE)

Deep Fried Salmon. Avo. Cream Cheese. Spring Onion. Dragon Sauce. Teriyaki Sauce
130

Sushi Platters

TIGER PLATTER (12 PIECE)

4 Piece Sushi Sliders. 4 Piece Samurai Roll. 4 Piece Prawn Avalanche.
285

DELUXE PLATTER (17 PIECE)

3 Piece Pretty In Pink. 6 Piece Bamboo Rolls. 8 Piece Volcano Rolls.
320

SOLO SIGNATURE PLATTER (29 PIECE)

3 Piece Wicked Tuna Crunch. 4 Piece Dragon Roll. 4 Piece Pretty In Pink.
6 Piece Sushi Sliders. 6 Piece Bamboo Rolls. 4 Pieces Salmon Sashimi.
620

Desserts

THE SWEETEST TABOO (N)

Red Opera Cake. Textures of Berries. White Chocolate Mousse.
Salted Caramel Ice Cream.
100

CHOCOLATE SPRINGROLL (N)

55% Chocolate. Chocolate Soil. Buttermilk & Vanilla Custard.
Earl Grey Gel.
85

PANNACOTTA

Passion Fruit & Coconut. Caramelized Banana Toast.
Pineapple. Meringues. Mango Sorbet.
80

MEAT, CHEESE & OLIVES

Fine Selection of Local Artisan Charcuterie, Cheeses, Olives & Dips.
250